

Influenza (Flu)



I-LED

**Immunization Literacy and
Empowerment of Detroit**

TALK WITH YOUR DOCTOR

If you/your child:

- Had a severe allergic reaction to a previous vaccine
- Are pregnant or breastfeeding
- Are currently ill
- Have a weakened immune system and need guidance on timing
- Have ever had Guillain-Barré Syndrome (also called “GBS”)



**MORE INFORMATION
FROM THE
CHILDREN'S
HOSPITAL OF
PHILADELPHIA**



**PLEASE FILL OUT A
SHORT SURVEY TO
HELP US IMPROVE**

FAQ

Is the flu vaccine safe?

- Yes. The flu vaccine has been used for decades and is closely monitored for safety. Serious allergic reactions are rare

Does the flu vaccine cause the flu?

- The inactivated flu vaccine uses a killed virus, so it cannot cause the flu

How effective is the flu vaccine?

- Effectiveness varies each year depending on how well the vaccine matches circulating flu strains. However, vaccine consistently reduces flu-related illness, death, and severity.

How long does protection last?

- Protection typically lasts through the flu season but immunity decreases over time - this is why the yearly vaccine is recommended

Do I still need the flu vaccine if I'm healthy?

- Yes. Even healthy individuals can get very sick from the flu and can spread it to others. Vaccination helps protect both you and your community.