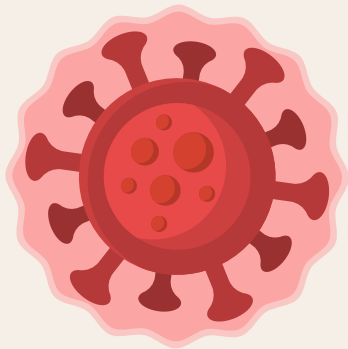


Protect Me From...

Shingles (Herpes Zoster)



SHINGLES VIRUS

CAUSES PAIN, BURNING, OR ITCHING, PAINFUL BLISTERING RASH (ON ONE SIDE OF BODY OR FACE), FEVER, HEADACHE, LONG TERM NERVE PAIN



Disease Information

WHAT HAPPENS

Shingles occur when chickenpox virus, which stays inactive in the body after a childhood infection, reactivates later in life, causing a painful rash that can last weeks, and may lead to postherpetic neuralgia, a chronic nerve pain that can persist for months or years.

WHY GET VACCINATED

Shingles can be very painful and debilitating, especially in older adults or people with weakened immune systems. Vaccination greatly reduces its risk and complications

HOW IT SPREADS

- Adults **50 years and older**
- People with weakened immune systems
- Anyone who has had chickenpox (most adults).

Vaccine Information

HOW IT WORKS

Its an inactivated vaccine that helps boost immunity to prevent reactivation of the virus and reduces the severity of disease if shingles does occur.

VACCINATION SCHEDULE

Shingrix (preferred vaccine):

- **2 doses**
- Given **2 - 6 months apart**
- Recommended for adults 50 years and older and adults 19+ with weakened immune systems.

Efficacy: ~ 70-90% after first dose, increasing to above 90% after series completion.

POTENTIAL SIDE EFFECTS



Soreness or swelling at injection site

Fever (100.4° F or greater)

Fatigue, muscle aches, headache

Shingles (Herpes Zoster)



I-LED

**Immunization Literacy and
Empowerment of Detroit**

TALK WITH YOUR DOCTOR

If you/your child:

- Had a severe allergic reaction after a previous dose or has any severe, life-threatening allergies
- Had a seizure or high fever after a previous dose
- Are pregnant or breastfeeding
- Are currently ill
- Have a weakened immune system and need guidance on timing



**MORE INFORMATION
FROM THE
CHILDREN'S
HOSPITAL OF
PENNSYLVANIA**



**PLEASE FILL OUT A
SHORT SURVEY TO
HELP US IMPROVE**

FAQ

What is Shingles?

- A painful rash caused by reactivation of chickenpox virus

Can Shingles spread?

- You cannot spread shingles, but you can spread the virus to someone who has never had chickenpox or the vaccine.

What does the vaccine do?

- It prevents shingles and reduces the risk of long term nerve pain.

Is it safe?

- Yes. Shingrix is safe and highly effective.

Do I need if I had shingles before?

- Yes. Vaccination helps prevent future episodes.